



Warrington Carers Hub



St Rocco's Hospice is working together with partners including Healthwatch Warrington and Warrington Carers' Hub to explore how technology can support carers at home and in the community.

We would like to thank you for completing the questions below to help us develop our digital offer.

What kind of digital support do you currently receive as a care giver?

What additional support, if any, do you feel would help (specifically digital support ie online communities, apps, groups, websites)

How likely are you to use technology for social support?

1 (Very Unlikely)  2 (Unlikely)  3 (Maybe)  4 (Likely)  5 (Very Likely)

What do you currently access (for example: online communities, groups, virtual support groups, self-help guides, interactive yoga)

When considering support, what types of support do you prefer? (please tick all that apply)

- Emotional and wellbeing
- Practical
- On line yoga
- Relaxation and mindfulness
- Social support group
- Drop in interactive group
- Other (please state) \_\_\_\_\_

How would you prefer to access support (please tick all that apply)

- Live session/Group
- Pre-recorded session (watch any time)
- On-line
- Night time
- Day time
- Other (please state) \_\_\_\_\_