



Making Every Day Count

Our Hospice Services



www.stroccos.org.uk



About St. Rocco's

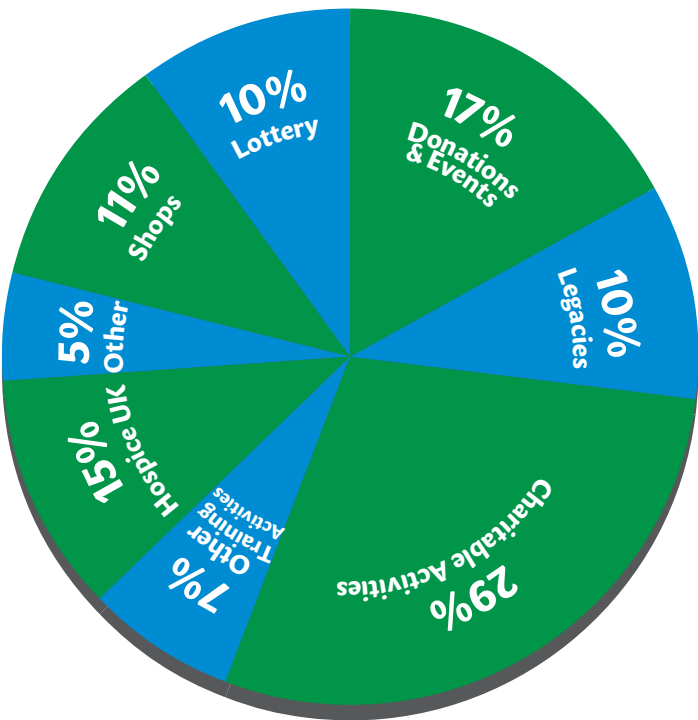
We provide **specialist palliative care** in the Warrington area for people with life-limiting illnesses and those important to them.

Our aim is to help everyone have the **best quality of life**, by providing care and support in a friendly, relaxed environment. We offer a range of services for our patients and their families throughout their journey with us.



How we are funded

People often get confused about how we are funded. They think that we are part of the NHS. We receive about **20% of our costs** from the local Warrington NHS Clinical Commissioning Group (CCG) but as we are a local charity, we need to raise the other **80%**.



The care we provide is given completely free to those in the Warrington Community who need us.



Ways to get involved

There's lots of different ways you can help, big and small, that are invaluable to St. Rocco's and to our patients and families.

It costs over **£5 million** every year to provide all of our care which is completely free to those who need us. That's more than **£13,000** every single day of the year.

We rely on **voluntary donations** and **fundraising** to generate this amount. That's why our supporters and volunteers are so important to us. **We simply couldn't survive without them.**



You could make a one-off or regular donation, fundraise, take part in our events, visit our shops, join our lottery or leave us a gift in your will.

“There are so many ways to help raise money for St. Rocco's Hospice. I feel humbled at being able to help in any small way and hope my story inspires others to challenge themselves.”

Scan to find out more



Our Services

St. Rocco's Hospice offer a range of services to our patients and those important to them throughout their palliative care journey, to suit their individual needs.

This includes both inpatient and outpatient care that is delivered by our medical and nursing team.

Integrated Palliative Care Hub

The Hub is based at St. Rocco's Hospice and aims to make it as **easy as possible** for palliative care patients to access the right support, quickly and efficiently, with just one number **0333 3661066**.



“Thank you so much for the care, compassion and attention that you gave.”



Patients, carers or health professionals can call the Hub on **0333 3661066** between **9am-5pm Monday to Friday** and **8.30am-4.30pm Saturday & Sunday**.

Here you will speak to a specialist nurse, who will chat to you about your personalised circumstances and work with you to support, working with other organisations across Warrington.

Inpatient care

Patients come and stay with us for a variety of reasons. It might be for an assessment or help to bring complex symptoms under control.

People are often surprised to discover that over half our patients go home following their stay here and are cared for there.



“What a phenomenal team on the IPU. I couldn’t have got through our journey without you all.”

Medical Outpatients

Our medical outpatient clinics are run by senior doctors to **help manage symptoms** and **improve quality of life**. Our patient clinics cover symptoms like pain, nausea, bowel problems, breathlessness and anxiety.

“I always enjoy my visits to St. Rocco’s. It’s a lovely place. I am looked after really well, and the staff always ask me if there’s anything I need.”

Hospice at Home

Some people prefer to **stay at home** where they are comfortable and we are here to help. We offer support and care as well as **night sits** so that carers can rest during the night.



Physiotherapy, Occupational Therapy and Social Care

We work with patients to maximise their **independence** and **quality of life** through providing **personalised therapeutic interventions**. We can also provide practical, financial and social support.

Complementary Therapies

Patients and carers benefit from being given time to **rest and relax** the mind and body. This in turn leads to an increased sense of wellbeing. Complementary Therapy sessions are usually offered in **four to six week sessions** and they can help to ease side effects of medical treatments, boost the immune system and ease stress.



Counselling and Emotional Care

We offer **emotional** and **psychological** support to patients and their families through one-to-one counselling.



“*I am struggling with different emotions and it was good to talk through these. The support offered was lovely and much needed.*”



Bereavement Support

The St. Rocco's Community Bereavement Cafes are open to **all who are grieving and suffering** after the loss of a loved one. We run **two drop-in sessions a month** and they are free to attend for anyone.

Alexandra Park Cafe - second Tuesday of each month, 9.30am-11am

Bank Park Cafe - last Tuesday of each month, 10am-11.30am



“I find this bereavement café soothing and it is lovely to have someone to talk to. A very worthwhile place to come. Thank you so much for holding these sessions, they are much needed.”

Caring for Carers

We know how hard it can be to suddenly find yourself as a full time carer for a loved one. That's why we are here to **support carers** too.

We run a **We Care Coffee Afternoon every Tuesday** at the hospice, from **1pm-3pm** in the **Vitality Centre** for carers in the community to come along for cake and a chat and offer support to each other.



Did you know...



It costs over **£5 million** each year to provide our care



We are a local charity and only receive a **small amount of NHS funding**



The care we provide is given **completely free** to those in the Warrington community who need us



We rely on **voluntary donations** and **fundraising** to generate our funds



We are much more than a hospice
We offer a wide range of services including outpatient clinics, care at home, counselling, therapies and support for carers

For more information about St. Rocco's services contact us:
E: enquiries@stroccos.org.uk T: 01925 575780

St. Rocco's Hospice, Lockton Lane, Bewsey, Warrington WA5 0BW



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