



Get
involved

in **2024!**
and beyond



Making every day count



www.stroccos.org.uk

Registered Charity No. 511592



Scan above to find out more!

Get Involved in 2024!



Running Events
All Year



Challenge Events
All Year



January 13



March



April 21



May 4



May 17 - 19
September 6 - 8



May 13



May 26



June 22



July



July 28



September



September 22



August 3 - 4



December



December



December 8



December



March 5 - 9

Coming in 2025...

 = Organised by St. Rocco's

 = Organised in aid of St. Rocco's by a third party

Fundraising at St. Rocco's



Scan here to find out more

Every year St. Rocco's host and support a variety of events, with the target of raising **£270,000** towards the **£5.2million** our hospice needs each year, to continue to provide palliative care and support to patients diagnosed with a life limiting illness and their families across **Warrington**.

From Strictly to Knit-A-Chick, there's something for everyone to take part in across our 2024 calendar, whether you're looking for a new challenge, team building with your workplace or to just have some fun! We are excited to have our ever-popular Colour Run back this year, as well as additional Running and Challenge events including the Warrington Running Festival where we are proud to be **charity partner** and the Northern Lights Trek for 2025!



Other ways to Support

Volunteering - Each year volunteers donate the equivalent of over **£1 million** in precious time to help us in so many different ways. From helping on our inpatient unit, volunteering in a shop, marshalling at one of our events or supporting on reception, there is something for everyone. Last year over **782,000** hours were given by our volunteers, enabling us to save over £1 million by the support that they provided.

Scan to learn more about Volunteering



Scan to learn more about our Lottery

Lottery - Each weekly entry costs just **£1**. Once you sign up, you will be given a unique five-digit number. This remains yours for as long as you keep playing. Last year St Rocco's Promotions Ltd raised more than **£490,000** for St Rocco's Hospice.

The St Rocco's Hospice Lottery has been running for **28 years**, raising millions for the hospice!

Graham's Story

"The event was totally joyous and a huge step in the healing process"

Graham's wife was cared for at the end of her life in St Rocco's Hospice. He spoke to us about the care the family received and why they decided to take part in the last Colour Run event.

"The staff at St Rocco's took such great care of my wife, and my family, in the final days of her life, that we felt we wanted to do something to repay their kindness and compassion.

The Colour Run was scheduled for the following weekend, and although the grief was still very raw, the whole family (including a nine-month-old and two very expectant mums!) agreed they wanted to take part.

A Just Giving page was hastily set up, and kids started decorating t-shirts for the occasion!

The event itself was totally joyous, which was unexpected, given the circumstances, and a huge step in the healing process for the whole family. And donations of over £4,000 were raised to support the amazing work of St Rocco's.



So, it's a huge thank you to the organisers of this fabulous, fun filled event. My family and I will definitely be back for the next one! It means a great deal to us all."

And true to his word, Graham will be back at the Colour Run event this year as a volunteer and we are honoured that he will be supporting the hospice again.

Without volunteers and supporters like Graham, we wouldn't be able to run these events and raise much needed funds for patient care at the hospice.



If you want to volunteer but are limited on time, becoming an event's volunteer may be perfect for you.

By donating a few hours even just once a year, it means we can host bigger and better events like our Colour Run 2024!

Contact fundraising@stroccos.org.uk or call 01925 575780 for more information.



Run for #TeamRocco's

Scan to learn more



We can pay for your place in one of many local or regional running events in return for a minimum sponsorship



Free St. Rocco's Running Vest!



great manchester run

Sunday 26th
May



Scan here to learn more



10K or
Half Marathon
RUN

If you would like to claim a FREE place, all we ask is that you pledge to raise a minimum sponsorship of £200 for the half marathon or £150 for the 10k.

Warrington Running Festival

Sunday 22 September
2024

Starts and finishes
at the Town Halls
Golden Gates

**Headline
Charity Partner**

**5k, 10k,
Half Marathon**

We can pay for your place in return
for a minimum sponsorship

Scan here
to learn more





Colour Run

Coming Spring 2025

Take part in a colourful
dash through

Walton Hall & Gardens

**Fun for the
whole family!**



Scan here to
learn more about
our Fundraising Events

Our 2024 Sponsors

Purple Station
Sponsor



Blue Station
Sponsor

VILLAGE
HOTEL CLUB

Yellow Station
Sponsor





Visit our Website



Discover exciting community events year-round such as Disco Bingo and Charity Rugby Days for the whole family! There's something for everyone!

Community Events

Visit our website to keep updated and join us to support your local hospice.

Charity Rugby Family Day

- **Date:** Saturday 4th May
- **Time:** 12pm to 4:30pm
- **Venue:** Walkers Sport and Social Club

• **Description:** Join us for a charity rugby day filled with fun, food, and friendly competition.

Frank Hawley Summer Ball

- **Date:** 10th August
- **Time:** 7:30pm for 8pm
- **Venue:** The Grange, Latchford

• **Description:** Part of the infamous Frank Hawley Challenge, an evening of live music by Wig Wam, buffet, dancing, raffle & auction!

Santa & Elf Pub Crawl

- **Date:** Saturday 7th December
- **Time:** 12pm
- **Venue:** Warrington Town Centre

• **Description:** Get festive! Dress as an elf or santa and enjoy a jolly pub crawl!



Get crafty for St. Rocco's

Help us raise funds for St. Rocco's Hospice. Knit or crochet adorable chicks and bunnies and donate eggs to go inside.

These handmade treasures will be sold for £2 each, with all proceeds benefiting our cause.

Schools and Clubs interested in selling our creations, get in touch!

Visit our Website





St. Rocco's Elf & Reindeer Run



Join our Festive Fundraiser Elf & Reindeer Run

Lace up your running shoes and join Fit and Elfy our energetic elves for the annual sponsored Elf Run!

This year we're introducing our new character "Rocco the Reindeer"

Choose between either elf hats or reindeer antlers for your class. It is a fun way to get fit and support St. Rocco's Hospice.

Visit our Website



Register your school or nursery today!
Email Fundraising@stroccos.org.uk to enquire!



St. Rocco's Bunny Hop is the perfect Spring activity!

St. Rocco's Bunny Hop is not only a fantastic way for keeping children active, but it's great for engaging them in fundraising and highlighting the importance of supporting local charities.

Visit our Website!



Hosted at your school or nursery

Free bunny ears

Running throughout Spring





Hospice

Hike

10K

Full and
Half Marathon

Walkers must be 16+ for full & half
marathon and 12+ for 10km

£10 per person

Saturday 22nd
June 2024

Includes Event
T-Shirt & Medal

Starts and finishes
at Warrington
Town Hall - Bank Park

Choose your
Distance

Challenge
Yourself



Scan here to
learn more!

Volunteer Marshals
Needed!





Dragon Boat Race



St. Rocco's Hospice's **Dragon Boat Race** is a fantastic team building opportunity to fundraise for St. Rocco's Hospice whilst competing against other local teams on the River Mersey.

Where?

Warrington Rowing Club, Howley Lane,
Warrington, WA1 2DN

How much?

£400 for a boat (16 rowers + 1 drummer).

Minimum £1000 sponsorship per team/boat



Sunday 28th July 2024

From 9am

Visit our Website



Snowdon at Night

August
3rd - 4th
2024

15km Trek

Explore the highest mountain in Wales and England by moonlight



Scan here to learn more!



Northern Lights
Trek

Northern Lights 30k Trek



Scan here to learn more!



Explore Iceland,
and the spectacular
Northern Lights

March
5th - 9th
2025

The year of
St. Rocco's
40th
Anniversary

Light up a Life

This year we are opening our doors to invite you and your family to come and join us on **Sunday 8th December at 2pm** for our annual **Light up a Life Celebration**.

With the addition of our **Christmas Fayre**, food and drink vendors will be on site throughout the event along with our "letters to loved ones" post box and book of honour followed by the **switching on of our Christmas Tree Lights at 4pm!**

A service will also take place at **St. Elphin's Church on Wednesday 11th December at 7pm.**

You can dedicate a light in memory of a loved one which will take place among the thousands shining on our Christmas Tree. Your dedication will be added to our book of honour and our beautifully lit hospice gardens will be available to view throughout December.



More information available soon!

Christmas Fayre 2024

Partnered with our annual **Light Up A Life event!**



Bigger and better than before!

This year, back by popular demand we will be hosting our Christmas Fayre on **Sunday 8th December at 2pm** ahead of our annual Light up a Life celebration.

There will be something for the whole family with our food and drinks vendors, cake, craft and tombola stalls and much more!

Christmas is a time for family and friends and this year we're inviting you to come along and join us to support the amazing care that St. Rocco's Hospice will continue to provide to our patients over the festive period.



Strictly St. Rocco's

December 2024

Summary of Last Years Event

On Sunday 10th December 2023, eight brave hospice supporters took it in turns to shimmy across the dance floor to raise money for St. Rocco's Hospice in Warrington.



The 'Strictly' style competition took

place at Nunsmere Hall in Tarporley. Prior to the event, each amateur dancer was paired with a professional dancer from **Cadmans Dance Centre**, Sale. They had a series of lessons in the run up to the big night, so they were ready to dazzle the audience with jazz hands and salsa steps.

Laura Appleton (Trainee Manager at Chisholm Hunter Diamond Merchants) was crowned the winner with **Steph Houghton** (Social Media Director, real5 Digital) voted as runner up.

Charlotte (Senior Events Manager, St Rocco's Hospice) said, "Strictly St Rocco's is our biggest event of the year, and we love seeing how committed our dancers are. In the 2023 event we raised over **£70,000** towards patient care in Warrington, which is incredible."



To enquire about the 2024 event please
Contact Fundraising to get involved
Fundraising@stroccos.org.uk

01925 575780

Scan here to learn more!



Challenge Events



Visit our Website

Skydive



29th June 2024

We are looking for courageous individuals & teams to make a sponsored **10,000ft Tandem Skydive** jump on our behalf & we are willing to pay for it!

Run



3rd August 2024

INFLATABLE 5K

OURRUNNINGEVENTS.CO.UK

Take your excitement to the max with world's biggest inflatable obstacle course, where you can bounce your way through a **2.5k, 5k, 10k and 15k** at

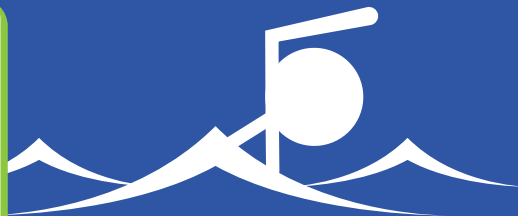
Ashley Hall, Tatton. This event is bigger, bouncier and better than before with guaranteed fun and laughter along the way.



18th May 2024

The Greater Manchester Swim is the perfect way to experience open water swimming at its finest. Held at the iconic **MediaCityUK venue** - one of the most visited urban swim venues in the UK.

Swim



Our Costs

£5.2 →
MILLION
PER YEAR TO RUN ST. ROCCO'S

70%
of that comes from the generosity of local people and their donations

As well as
500
loyal
volunteers

Which is more than **£14,000** per day
24 hour care

141
staff keep St Rocco's caring for Warrington all year round

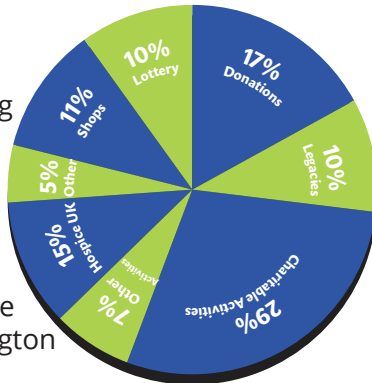
There were **198** Admissions to **St. Rocco's** in **2023**

Last **year** our volunteers completed **72,000** hours of service to the Hospice

Or almost **£10** per minute

An average of **1200** calls a month to our Palliative hub Generating over **6000** contacts

Around **80%** of our funding is generated by our community fundraising, retail operations and legacies and we are incredibly grateful for the support that we receive from the people of Warrington



To contact our fundraising team
01925 575780
fundraising@stroccos.org.uk